Chapter Four

BIRTH, INFANCY AND EARLY TRAINING

PREGNANCY and giving birth are perhaps the most important events in a married woman's life, and therefore the characteristics and symptoms of pregnancy are easily recognized in the female circles in the village. Unless otherwise stated most of the information given in this chapter has been supplied by a female relative of the writer. The informant divided the period of pregnancy into three main stages:

The first is the month of secrecy (al shahr al sirry) when, at the stopping of menstruation, the woman realizes that she is going to conceive. The news should be kept a secret from all except the closest family circle. If any neighbours or visitors should enquire about it, it should be positively denied. This atmosphere of secrecy should be kept up as long as possible for fear of the evil eye. It is believed that at this early stage the embryo is more susceptible to the influences of the evil eye than at any other stage.

In the second month, the woman may declare, still with reluctance, that she is heavy, or carrying (thagila or hamil). During this month it is said she is prone to feel dizzy (daikha), and is much inclined to stretch and sleep readily. It is believed that during this period also God starts shaping the prospective baby; consequently a pregnant woman should not be awakened by anybody if she is asleep, lest such disturbance hamper or interfere with the process of creation. Children's congenital defects or abnormalities, e.g. six fingers, split lip, bulging forehead, are attributed to the fact that the mother's sleep was disturbed during this period.

The third important stage is that of craving (waham) which is experienced by the woman during the third and fourth months. During this stage the pregnant woman is allowed free and wider choice in her food. She is demanding articles of food which she 'craves for' continually, and they are usually items that are rare or at least not within everyday access, e.g. melons, fruit, savouries and the like. Eating is supposed to stand her in good stead during the ordeal of pregnancy and birth.

The husband must do his best to provide his wife with what she craves for, otherwise he would be socially disparaged by his wife's family. It is a common theme in village gossip to refer to a woman who is always strain-

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843 [626] ing her husband's finances, especially in her demand for food rarities, as 'a woman permanently in the craving period'. The pregnant woman's desires also provide a testing ground for neighbourliness and reciprocity when she sends one of her family to 'borrow' something for her. Neighbours are expected to meet such requirements if they have been approached, while at the same time they are usually requested not to spread the news. This could also be regarded as an occasion to announce the expected baby to the neighbours, who might be asked to help at a later stage.

[593] In the 'craving period' the wife asserts her desires over her husband, and with it goes an assertion of the matrilineal side over the patrilineal authority. The gifts and attention centred around the pregnant woman by the husband and his people indicate some cultural balance and provide a psychological outlet to the normal husband-wife pattern of relationship. The ideology of a patriarchal community has to concede a certain amount of tolerance for the satisfaction of its fervent sentiment towards the offspring.

Apart from the whims that should be satisfied, the craving woman is warned against showing fear or expressing ridicule or criticism for anybody, as the embryo might be moulded in the image of the person feared, ridiculed or criticized. On the other hand, she is encouraged to show appreciation for children. On seeing a child in its mother's arms, the craving woman expresses her admiration for it, whereupon the suckling mother would wish her to have one like it or better.

By the middle of the fifth lunar month, when the woman's abdomen usually becomes large, it is taken to mean that the child is well developed, and that the mother can resume her normal work. Relatives and neighbours can come and visit her, wishing her to bear a boy, or whatever God wills! Up to the ninth month, nothing more significant happens except the preparation of the proper food for the forthcoming event. Food [431] presents, especially from the patrilineal side, are sent to the home, e.g. molasses, clarified butter and sugar. The women members may invite a [789] fortune-teller to give them some tidings, and dreams might be told also in connection with the expected baby.

842 The extent of the desire of women for children can be gauged by the multifarious devices to which they resort to induce pregnancy. A woman who does not bear children is called 'akir'—one who literally 'kills' her offspring; and the woman who has stopped bearing is referred to as 'mushahira'—being 'bound' or literally affected (in some way) by the moon. The following methods are used as aids to pregnancy in both cases:

Crossing the Nile in a boat is one of the ways of 'freeing the chaining' of a woman. It symbolizes the fact that she is moving from one state to another. She might visit a faraway saint, taking some food with her and filling her dish with some of the sand from the saint's grave to sprinkle [788] over her body on her return.

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The carrying out of a 'kaboos'—presenting oneself uninvited, secretly and suddenly at a 'place'—is another device to induce pregnancy. An old woman, or a young non-menstruating girl, is asked to collect some maize seeds from seven married women, who have been the only wives of their husbands. The old woman puts the maize into a pot to be cooked in the oven overnight. The woman who desires to become pregnant goes to visit, as if unexpected, the old woman, who presents her with the pot to walk over seven times, and then washes her private parts with the water at home.

Sometimes a woman desirous of pregnancy pawns her jewellery to a woman who is not menstruating, and asks her to put it underneath her pillow while sleeping for some nights. This woman does so and then puts the jewels in a pot filled with water. The first woman comes to visit her and to step over the pot seven times, followed by a wash similar to the previous one.

In the case of a newly-married girl who does not conceive, the ceremony of marriage is often re-enacted in the house but on a smaller scale by non-menstruating women in the same way as during the actual ceremony. The wife makes two dolls, one representing herself, and another the bridegroom. Only female friends and relatives are invited and the doll bride and bridegroom are tucked up in bed. This is supposed to relieve the wife from the first marriage shock which may have caused her inability to conceive.[1]

These are a few examples of the ways to which women resort for inducing pregnancy, and they all imply producing a psychological state for the attainment of release and embodying the sublime folly of hope found in magical rites.[2] In such practices, one can regard the connection between economic fertility symbols (earth, maize, jewellery, sand, water) and women's fertility as some survivals of reincarnation beliefs. Although in some of these practices one might get the impression of an atonement for a woman's evil intention (sense of guilt), the emphasis, as I gathered from my informants, was the 'evil eye' of others or their manœuvres to cause such sterility or 'binding'. Out of the sixteen methods collected, ten of them explicitly indicate accusation of others for such a state, a mechanism which some psychologists call 'projecting repressed hostility'.

Although a pregnant woman is theoretically advised not to work hard or carry heavy things during the ninth month, one often hears of women in childbirth who have just returned from the Nile (i.e. water-carrying),

[1] According to Frazer's analysis of magic, this could be considered as imitative magic, by performing what one desires to happen in actuality. To the same category belongs the taboo on pregnant women, especially after the seventh month, with regard to spinning, as the child might get entangled in her womb. In Silwa, contagious magic also exists in the so-called 'taking the smell of somebody' (riha), especially in cases of harm done through the evil eye, where a part of the 'envier's' clothes is taken and burnt with salt, to dispel his or her evil effects.

[2] B. Malinowski, 'Magic, Science and Religion', in *Science, Religion and Reality*, edited by J. A. Needham, London, 1936.

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due to the fact that there is no formal ceremony for the naming in Artas, as in Silwa, and hence the change is easier.

Since the enforcement of registration of births about forty years ago, the child is registered after the ceremony. It is to be remembered that still-births are not registered, and are never buried in the cemetery, but always below the threshold of the house.

The mother takes no active part in all the ceremony activities, as she is not allowed to move from her room of confinement until forty days have elapsed. As mentioned earlier, the child is considered to be guarded throughout this period by the angels, who talk to him, entertain him, and sometimes tease or even annoy him. This is the explanation of the baby's occasional smiles, as well as cries. He smiles because the angels have told him that his father is alive, and cries when they inform him that his father has died.

By the end of the forty days, the mother finishes her period of confinement and is considered to be in full control of the baby. She can move about with him and resume her ordinary domestic tasks as she becomes ceremonially clean after having her first bath, a kind of ritual cleansing.

The end of this confinement means the gradual introduction of the child to the wider family circles by taking it on visits to relatives or their visiting the house with presents. If the mother takes the child to any house, the child is never expected to leave empty-handed. Whether near or distant relatives, or of no blood connection at all, they always give the child presents varying from salt, dates, a loaf of bread, an egg, to money and more valuable things. On the birth of the first child the paternal grandfather cannot see his grandson without sending a ram or a goat before his arrival.

Another step is the introduction of the newly-born boy to the other boys in the neighbourhood. For this purpose the mother prepares a dish of boiled maize or wheat and sugar, called 'balila', and taking her child, accompanied by the children of the neighbourhood, repairs to some elevated land to eat the food. For this occasion the mother dresses in new scented clothes. For the first time also, the child wears new clothes, consisting of a white undergarment covered by a striped one, thus discarding his mother's or father's old wrappings.

It is socially encouraged that both a woman and a man should give rein to their intense desire for children. The main function of marriage is to have children and thus perpetuate family life. This shows itself in one of the condolatory phrases addressed to any offspring on the occasion of their father's death: 'He who has left successors is not dead.' My informant, Ali, said, 'A childless couple will have no "successors" to read the "Fatiha" for their souls after their death and their name will thus end by their departure from this world. Children are really useful, not only in this world but in the world hereafter. The Prophet (on whom be the peace and blessings of God) said, "Get married and multiply, as I shall take

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858 pride in the number of my followers in comparison with those of other
841 nations". If sons and daughters behave uprightly they will act as a means
[783] of redeeming the parents' sin. Any good action by the child, e.g. giving alms, helping the weak, digging a well, would also benefit the parents. Parents who have left unworthy children have left "dust" behind.'

My informant went on to say: 'Children are the glory of this world, as
858 the Koran says "Money and children are the joy of this life". Another
779 statement of the Koran says: "God give us a good thing in this world and a good thing in the next world". The Koran interpreters consider that, in this context, "the good thing of this world" implies children. Children are also referred to as sowing seeds, as it is through these seeds that the corn reproduces itself.'

593 As for the wife, she attains her proper status only as a mother, and a
554 childless woman is in an insecure position, as her husband is socially
[595] justified in remarrying, to have children. For a newly-married couple to have a child is a step towards partaking of some individuality in the larger family circle. The wife is referred to as 'mother of the children' and whenever a man is asked about his wife, she is frequently referred to also as the 'mother of the first-born boy' and the same applies also to the father, and this reference is more common in public gatherings.

842 My informant, Mahmoud, told me that there were ten childless women in the village and that they were therefore known by everybody. Out of these ten, two were living with husbands who had taken a second wife. He continued, 'A childless woman is usually like a she-camel who does not conceive, puts on more and more flesh, and gets younger every day—but not fruitful, as she can never "lengthen" her husband's neck amongst the menfolk. She is a sore eye to her family. The proper woman is the one who
[156] is an "envelope for conception".' It is not strange, then, that a fat woman
[826] is a desirable ideal, as she has more room to bear the child, lactates abundantly and gives more warmth to her children.

It is appropriate here to discuss the differential value of boys and girls
858 in Silwa. The importance of the boys' work in the fields as a major con-
593 tribution to the family's means of subsistence was discussed earlier. More-
562 over, the boys are considered to be the best capital investment for ageing
[736] parents. They are expected to form the basis for social and economic
[730] security, not only for their parents, but also for any widowed sisters. This duty to support their parents or those female relatives who have no other man to support them is legally enforced by the religious courts. This question gives rise to endless disputes; one hears of parents suing their children for support according to their means, or at least threatening to sue them. No such obligations devolve on the daughters, as they are wives of their husbands, and no claim can be made against them.

554 Boys are also an added qualification for social prestige. A man with
562 more sons backing him up can always speak with more authority and ranks high in the community's esteem even if he owns less land. Fathers who have

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562 842 It is almost a sin (makrouh) to evince any dissatisfaction on having girls. One is usually reminded of the burying alive of girls in the pre-Islamic days, and how a Moslem should not behave likewise. In this connection, my informant, Ali, recited from the Koran. He continued to say that a father of so many girls is generously rewarded in the next world as he is sacrificing for them without any return. In fact, he continued, some people who have many girls are living quite well-off. They are living 'on their girls' wealth appropriated to them by God'.[1]

844 843 431 602 The events of pregnancy and birth occasion the exchange of many social obligations amongst the womenfolk. Apart from actual help and advice of relatives during pregnancy or at birth, the birth of the child marks the occasion for sending gifts and making visits (zwarat). Immediately a woman completes her forty days of confinement, she starts with her mother or older daughter, checking on who has sent her presents and who has not, and from whom she is expecting to receive later. The failure to conform to the expectations or the fulfilment of mutual 'visitings', or to give the proper help at the right time would expose the people concerned to great blame, fuss and gossip. 'She has not come to give me a hand or paid me a "visiting" during the forty days or when I was "craving" ', is a plausible justification for a woman not to be on 'talking terms' with another woman.

846 431 602 [518]

602 Amongst women folk, pregnancy and birth are occasions highly charged with the rendering of social obligations and of drawing up the balance-sheet, as it were, of reciprocal obligations. Even blood relationship cannot override the emotional tension which occurs as a failure to meet the social demands. On the contrary, it accentuates it, and on such occasions one sees 'the pull and push' of kinship ties. While the fulfilment of social demands works for the cohesion and solidarity of the group, it carries with it the seeds of friction and misunderstandings.

843 It is to be noticed that the events attending pregnancy and birth, and most of what concerns them, are almost purely within the female purview. Men have little or nothing to do with them, not even in calling in the midwife. It is almost a taboo for a man to mention to his fellows that his wife is pregnant, and it is a topic avoided by men. It is very significant in this respect that the husband whose wife is in childbirth must absent himself from the house, and, if the delivery is at night, he has to sleep outside the house, either in a relative's house or in the guest house.

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Enquiring as to whether there were any variations in the procedure of pregnancy and birth, my female informant told me that 'they happen in every family without exception or modification'. No woman in the village has been to a doctor or hospital for her delivery. She added: 'It is always better to die at home', a phrase which is usually said as a defence against going away for an uncertain project. It is also believed that one would

[1] For a discussion on the differential value of boys and girls, see also H. Granqvist, *Child Problems among the Arabs*.

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be more attached to his home if his head has first 'fallen into it' at birth (masqat ar-ras).

There is no policy of any kind for limiting birth, either by spacing it out or by practising birth control. Birth control in the modern sense is unheard of, and in any case it is considered as a religious sin, and deemed an interference with God's creation.[1] A part of the married male ethos is not to regulate his sex desires, but to give them full play whenever the need arises. Continence is not a desirable thing for a married man, but to have sexual intercourse with his wife is a good religious deed (hasana). One should not counteract sexual desires but rather stimulate them, and hence the various devices such as special food and aphrodisiacs like hasheesh and opium are resorted to for sexual potency. The writer heard of no woman who has practised any device to confer sterility on her.

The period of the 'forty days' is enshrouded in a great deal of secrecy and psychological delicacy. For fear of the evil eye, the influence of the evil spirits, or sterility, the mother should adhere to the rigid system of food, minimum movement and general seclusion and other taboos. This is the period in which another woman who wants to become pregnant might suddenly 'press' on her, and thus she could be hampered or delayed in her next pregnancy. However, when a visitor comes to the house the mother covers herself as well as the child and pretends to be feeling rather uncomfortable, either groaning or suffering from pain. In referring to the baby, visitors must be careful not to praise it openly, unless they use the safeguarding phrases such as 'God preserve him' (or her), 'may the Prophet's blessings be upon him'. On enquiring about the sex of a child, if it is a boy, his sex is usually hidden at first to be declared afterwards.

Concerning the child itself, one observes that it is announced and introduced in various ways. In the case of a boy, a 'gong' is produced in his room every morning and every evening; the purpose, as it is believed, is to make the child brave and not to fear any unexpected shock. Yet the reaction of the neighbours on hearing the sound is one of recognition that 'the so-and-so's are sounding for their child'.

The naming ceremony in the case of a boy is the second link in the chain of introducing the child to his neighbours and relatives. Actually the name is usually agreed upon before birth, though the ceremony is the formal occasion for declaring the name. Women have no formal congregation like the men, but a small portion of food and meat is sent to the homes of the female relatives. It is to be stressed that very few people have a naming ceremony for the girls, which is also a male gathering. The motive *behind the girls' ceremony could be regarded as a kind of religious* puritanism to counteract the pre-Islamic sin of burying the girls alive.

[1] A scholar of al-Azhar told the writer that the Grand Mufti of Egypt recently issued a 'fatwa' permitting the use of contraceptives and sanctioning abortion before the fourth month, that is 'before the child is gifted with a soul'.

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not only during the first forty days but which is also sustained till the arrival of the next baby. According to the family structure in the village, there are invariably at least two grown-up women attending to the rearing of the child, or sharing in the child's care, e.g. maternal grandmother, paternal grandmother, sisters, paternal or maternal aunts, or brothers' wives. As the newly born baby, or even any child, has no special cradle, cot, or bed, it always sleeps beside the mother or sits on her lap. After the forty days it may be picked up by relatives.

During the third and fourth month, the child is usually held horizontally with the mother's hands underneath its legs and head. During the fourth month it is held vertically, supported under the arms, and can be carried against the mother's breast, being supported with her hands under the buttocks. During the fifth month, he is normally held astride the mother's hip.

Nursing is one of the first basic needs of the child which in this community conforms to no schedule. It is guided only by two principles. The first is that the child is given the breast whenever it cries. The second is that it is suckled when the breast becomes 'compassionate', in other words when the mother's breast becomes full. It is said that when there is 'compassion' in the breast the child is hungry, and therefore the mother must offer it to her baby. The reciprocity between the baby's need and the breast is recognized to be one of the determining factors in suckling. It is true that in Silwa, as in Artas, the mother's breast is the symbol of compassion.[1] Nothing is more binding in the mother-child relationship than the memories of 'stomach enveloping' and 'breast-feeding' which are symbols invoked by mothers to remind their sons or daughters to be obedient, or to come to their help in old age. 'I enveloped you for nine months and have fed you with my breast' is supposed to be one of the most effective and compelling entreaties. In this connection, Ali related the story of the Caliph Harun al Rashid and Gafar al Barmaki, his vizier, whom the former decided to kill, and imprison or disperse the rest of his family, after he feared that they were plotting to remove him from the Caliphate. Harun carried out his decisions in spite of the entreating of Gafar's mother, who had breast-fed the Caliph and who had implored him by the milk she gave him, and the locks of his hair she had cut off and kept with her. 'This is', remarked Ali, 'an example of tyranny that overrides one's duties towards his breast-feeder who is like a mother.'

It is because women can provide their babies with milk that they are considered to be endowed with compassion. This is one of the tangible arguments for the value of having girls, who would be a source of compassion not only for their children, but also for their parents.

The time and frequency of suckling varies from day to day and from child to child. A child who often cries is regarded as a weakling and hence its need for more suckling. A mother of a four-month-old child, who was

[1] H. Granqvist, *Birth and Childhood among the Arabs*, p. 107.

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853 asked to count the number of times she suckled her child over a week, reported that it varied between six and fifteen times a day. The time of each nursing varies, but it is admitted that the louder or longer the child cries the greater the time the mother expends on its suckling.

[091] The dress of women actually helps in nursing the child without delay immediately he cries. Either through the dress neck opening, which is always cut low, or the two openings, one on each breast, the mother extrudes her breast for the child. Sometimes in the presence of female strangers, or very close male relatives, the child is nursed while covered with the top garment, the breast and the child hidden between the two garments. The mother usually offers the nipple between her middle and index fingers to the child who eagerly leans towards it and grasps it. The suckling child is allowed to play freely with his mother's breast, even while alternating from one breast to another. A mother nurses her child while she is sewing, spinning, cooking or even eating. When the child grows older it can induce its mother to nurse it by rubbing its head on her breast or by inserting its hand into one of the openings.

Usually the child suckles till it is satisfied, but it also happens that the nipple is withdrawn from it whenever the mother feels that it is satisfied, or when she has to engage on an immediate task, to give it the breast later. It is worthwhile noting that the child gets the breast either when it needs it or when the breast is full, and it is withdrawn from it when it is satisfied, or when its mother feels that she has got to withdraw her breast when circumstances of her work demand it. Yet the need of the child, even theoretically, is the overriding factor in suckling. Occasions of tantalizing with the breast are reported when mothers show or play about with their breast for their children, the game invariably ending with the suckler getting the breast. It is forbidden (haram) to deprive the child of the breast once it has been tantalized. Some women in the village are known to be neglectful of their children with regard to nursing. They are reported as saying that if they attend wholly to their children, as other women do, they would not be able to attend to their home tasks. Their justification for this is implicit in their famous saying, 'Even dogs, after all, have brought forth offspring'.

862 The period of nursing, on the whole, varies from child to child and from mother to mother, depending on the health of the child or the arrival of the next baby, or on the mother's milk. No child is ever weaned before the end of the first year. Some children are suckled for two years and a few as long as three years. The average period for most children is between a year and a year and a half. It is reported also that very few mothers nurse two children at the same time, and this custom was more common about twenty years ago, when the period of suckling was longer on the whole.

853 It is felt in the village that there is a definite relationship between
842 lactation and future pregnancy, and if a woman wishes to become pregnant,

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she curtails her nursing period but never before the termination of the first year. In this case, the 'milking goat', whose milk is preferred to that of a cow, being 'lighter', would help in feeding the child. My female informant insisted that the contrary never occurs, that a woman prolongs her nursing period to prevent pregnancy. At this point the official ideology of women differs from that in Artas as stated by Granqvist in the following quotation:

'As it is generally assumed that nursing makes a new pregnancy more difficult it may be thought that the women use it in self-protection, to postpone the unwished-for pregnancy. Women's work is so hard that it is almost unbelievable that they should wish to be constantly bearing children.'

The writer has enquired whether the same is being practised in Silwa, but he was assured the opposite. His informant might have wanted to hide this fact, as the logical conclusion of the relationship between conception and lactation lends itself to its use in the self-protective way mentioned by Granqvist. The informant added that it is the child's indisputable right to suck as long as it wants, otherwise it would become obstinate and disobedient, and it is only to pursue the more desired aim of fresh pregnancy that the mother is obliged to curtail the nursing period.

It is also recognized that a boy is usually nursed less than a girl, which also differs from the custom in Artas. The purpose is that though both should be infused with the mother's compassion, the girl is supposed to be imbued with more of it than the boy, and consequently her nursing should be longer. Yet if a newly-married woman begets a girl in her first birth, the custom is to curtail her nursing period in order to hurry the next pregnancy in the hope of begetting a boy. The short period of boys' nursing compared to that of girls' is also a clear indication of the accelerating process of boys' growth. The case of the boy who is brought up by a widow and nursed for a long time is a proverbial one for 'his unreliability, his being easily swayed, and his inability to make up his mind'. Any person who evidences such character traits is designated as one who was brought up by a widow.[1]

The different claims of the patrilineal and the matrilineal sides on the infant express themselves in the assumed different attitudes between father and mother with regard to weaning. While mothers consider a long period of suckling as conducive to compassion, fathers regard it as 'darkening the infant's mind'. This difference in attitude towards weaning could be taken as a reflection of the matrilineal sentiment, contrasted with the paternal desire of subjecting the *infant to social discipline as early* as possible.[2]

What is also significant is the rigid observance of the nursing of the child by his relatives. One of the main injunctions of the Koran is the pro-

[1] It also means that he has not been disciplined by his father, as will be shown later.
[2] See Chapter II.

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who married a member of the carpenter family is usually a source of gossip and warning against such mixture. 582

In pursuing the subject of infant nursing, it is to be noted that the child does not rely entirely on mother's milk during all its nursing period, as after the fourth month it is introduced to premasticated adult food. The bits that cannot be swallowed are collected and inserted again in its mouth. Premasticated food is used more in the case of boys than girls, to help mother's milk in accelerating growth. 853

During nursing it is quite common to see a child sucking his fingers or pushing his fist into his mouth. He is actually encouraged in doing this by his mother, who sometimes puts her own finger into the child's mouth. The need is recognized more during the teething period, that is in the fourth or fifth month. For this purpose of sucking, the mother hangs a kind of loose string round the neck of the child with a bundle of hard stuff tied in a piece of cloth, and this is supposed to assist tooth-cutting. 856

When the mother starts weaning her child, she increases the amount of premasticated food given to it. She begins by weaning her child first from one breast, and later from the other. She stops milk from the breast by rubbing the nipple with a concoction of spices, ground sheep tripe, henna, cactus juice and salt stone. After 'stopping milk' the mother turns her dress back to front so that its neck and side openings hang at the back, the child thus finding no access to the breast. For the first two days of weaning, coloured hard-boiled eggs are given to the child to play with and then to eat, whenever he wishes. In psycho-analytical language, mothers in Silwa recognize weaning as a 'traumatic experience' for the child and do their best to absorb the child's attention in other directions, especially in play with other children or providing it with some delicacies of food. 862

The weaning must always be arranged in such a way that it is completed in two or three days before the beginning of the lunar month. It is believed to be very difficult to wean a child after the appearance of the new moon, and it must be left till towards the end of it. It is also believed that a woman who weans at the beginning of the month will find it difficult to bear children. This must be also observed in connection with the circumcision of girls, so that the girl will not become sterile or find it difficult to conceive. Here, one notes the striking relation between the moon and such social phenomena as weaning and circumcision. One might be led to infer that the moon must have been connected with fertility rites in some periods of Egyptian history. It is also observed by mothers that weaning of their children must not be declared immediately, but after a lapse of at least two weeks for fear of the evil eye, or 'pressure' on the mother's power to conceive. [821] [842] [304] [821]

The third basic need of the child, after the mother's bodily warmth and nursing, is the need for 'evacuation'. For the first four months (before the child can sit up) it is allowed to urinate and defaecate in a piece of cloth wrapped round its body from the waist to the knees, under its 854

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Koran, and readings of the Prophet's birthday story. During all this, the children would either be sitting behind the adults or clustered in one of the corners of the house ready to execute their elders' commands.

Later on, the actual circumcising of the boy takes place. The child is now the centre of attention. He sits on the ground with a colourful girl's headcloth round his neck, while the village barber shaves his head, a task which should occupy him for three or four hours before performing the operation. Meanwhile, as the women are rejoicing by singing and playing on the tambourine inside the house, the father's invited relatives and friends would be bringing along their contributions (nakout) of money or of corn. Every time the father receives a contribution, he tells an announcer, who is a specialist for this job, that so-and-so has delivered his contribution. The announcer in a chanting voice declares that so-and-so, adding his relationship to the child if he is a close relative, or just adding paternal uncle or maternal uncle, has presented the 'bridegroom' with silver and gold, and entreats God to compensate him with all the good things in the world. The name of one contributor might be announced more than once, and this depends on the amount of contribution, and the closeness of relationship to the child. After each contribution, the village barber shaves, or at least pretends to shave, a little more of the boy's hair. When the father sees that all those whom he has invited or expected to contribute have arrived, the announcer retires, by which time the barber has finished shaving the boy.[1] Then the actual circumcision takes place by seating the child on a large vessel. The instruments for the operation are nowadays given to the barber by the Ministry of Health as well as instructions and ointment for the post-operative treatment.

Just before the operation begins, the child casts off the girl's headcloth and puts on a new garment consisting of an open white shift covered by another open green garment, similar to the type of dress which a religious person is expected to wear on certain occasions. During the operation, the boy is encouraged not to cry or show any signs of pain, otherwise he would be accused of girlishness. He is held back, and forcibly prevented from looking at his penis, otherwise it is believed he would become impotent.

This is immediately followed by a procession of men and boys followed by women and girls to visit the mosque, after which a group of female relatives and friends of the mother, together with the children, take the child to gaze on the Nile water. During all this, sweets, dates, and peanuts would be distributed. For a whole week the child, wearing charms round his neck, is not encouraged to walk, and is fed not so much on bread or meat, but mainly on boiled eggs, dried peas, salted peanuts and rice.

After a week or ten days, the circumcised boy is taken with other boys on a round asking for the 'custom' (al-'ada) from relatives and neighbours, and friends in the village. On this occasion all the boys carry palm-tree

[1] If the boy is too young for a head shave, his older brother or cousin may take his place.

1: Ammar E, 1-5 (1951) 1954
MR13 Fellahin MR13
Silwa

THE MAIN CHARACTERISTICS AND EVENTS OF CHILDHOOD

851 The alignment of the child with its sex could be also inferred from the
852 fact that during the ceremony the boy wears a girl's headcloth, symbolizing
867 his last chance of indulging in any activity which is not deemed fit for males.[1] This influence has been brought to the writer's mind by the barber's comment; while wrapping the headcloth round the boy's neck, he says: 'Let us put this female cloth around you, and by making you look like a girl tonight, you will be able to avert the evil eye.' This is also obvious in the expected behaviour of the boys not to cry or show any signs
[150] of pain during the operation, in order to whiten the father's face, while the girls in contrast are expected and allowed to cry. That the difference in the expectation is due to the fact that the girl's operation is more painful than that of the boy, and hence justifiable, is one way of looking at it, but it is undoubtedly a reflection of the expected ethos of the two
[156] sexes.[2] Endurance of pain is a heroic action of the male, while crying and weeping is only expected from women. The difference of 'ethos' between
[74] the two sexes reflects itself also in their public attitudes towards a person's
[152] death. While the men solemnly gather in the guest house for the obsequies, and public demonstration of weeping is only expected from them on their return journey to the guest house after the burial, the women express their grief in almost hysterical weeping, wailing and dirging.

852 During the circumcision ceremony the boy's aggression is however
154 allowed to express itself during the procession that follows the operation, as while he is carried on his way to the mosque and the Nile, he is allowed to break an egg by throwing it at any person in the procession. On the other hand, the girl is given free scope in crying, screaming and asking for help.

852 One cannot fail to see the connection between circumcision and mar-
585 riage, the former being a preparation for the latter, and the similarities between the public celebration of the two events are striking, as will be shown later in discussing the marriage ceremony. A circumcised boy or girl is normally referred to as 'bridegroom' or 'bride' in anticipation of their future role in life. The connection between circumcision and marriage is also obvious from beliefs and rituals common to both events; the circumcised boy as well as the bridegroom must visit the mosque or gaze on the Nile. The belief is that on his or her circumcision or wedding, a
[75] person could be deprived of fertility and potency, and hence great care must be taken to avoid the evil eye, and to avoid those who are sterile and desire fertility, who may well seize the opportunity to use or cross over
852 the circumcised or married man's instruments and clothes. The connec-
843 tion between circumcision and fertility could be also inferred from the

[1] Edward Lane mentions that during his time boys used to be dressed in girls' garments in the circumcision ceremony. *Manners and Customs of the Modern Egyptians*, p. 59.

[2] The word 'ethos' here is used in the sense in which Bateson has defined it as 'the culturally standardized system of organization of the instincts and the emotions of individuals'. *Naven*, p. 220.

1: Ammar E, 1-5 (1951) 1954
MR13 Fellahin MR13
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fact that the mother, in taking the child to the Nile, throws his foreskin, enclosed in a loaf of bread, into the water, and washes the 'mirwad' (antimony stick) used in the operation in the waters of the Nile. This relationship is also evidenced by the fact that circumcision, like weaning, should take place at least two or three days before the appearance of the new moon, otherwise the child is liable to be 'tied up' (mushahir), the consequence of which may be that the wound might not heal quickly, or that the child might eventually be sterile.

Children show great interest in the circumcision ceremony, as it is a great occasion in which they associate with the circumcised child, eat with him, enjoy themselves, inviting people for the ceremony, or going on the children's round with their palm-tree branches, or getting sweets and peanuts during the procession. They usually tell you of the good food they had or the new clothes they wore on the occasion of their younger sibling's or cousin's circumcision. On asking some of the schoolchildren about events during which they felt happy, they invariably gave the answer of a sibling's circumcision or marriage. The educative significance of the ceremony for the older children, who witness and attend this public celebration, though indirect, is quite obvious. The social norms based on mutual obligations, the meaning of kinship and family solidarity, are concomitant in the ritual ceremony.

One cannot discuss circumcision without reference to the psychoanalytical explanation of the ritual. Freud sees in it the castration complex, which is derived from the Oedipus situation. He states that in some primitive societies circumcision is common and is performed at the age of initiation into manhood, and it was only as a secondary development that it was transferred to the early years of life. He continues: 'It is of great interest to find that among primitive peoples, circumcision is combined with cutting the hair, and knocking out of teeth, or is replaced by them, and that our children, who cannot possibly have any knowledge of this, in fact, treat these two operations, in the anxiety with which they react to them, as equivalents of castration.'[1] In Silwa such an anxiety concerning castration is evident in the adults' threatening their children to re-circumcise them even if they are already circumcised, and it manifested itself in one of the children's dreams described later.[2]

Some psycho-analysts maintain that circumcision, as an initiating ceremony of the child by his elders, helps to conduct the growing children across those difficult thresholds of life transformations that demand change in the patterns, not only of conscious, but also of unconscious life.[3] Géza Roheim maintains that circumcision represents a process of the child's growth from the passive Oedipus situation to the active orientation towards the loved object. 'The period of life which conditions the transition from

[1] S. Freud, *Totem and Taboo*, footnote, p. 139. [2] See Appendix XI.
[3] Joseph Campbell, *The Hero with a Thousand Faces*, Bollingen Series, New York, 1949, p. 10.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

CHAPTER IV

BIRTH AND CHILDHOOD

CHILDREN occupy a very important place in Egyptian society, as will be seen in Chapter VI, which is concerned with the numerous methods employed by women to ensure their producing offspring.

When a woman becomes pregnant she often hangs up in various rooms in her house pictures of legendary persons who are renowned not only for physical beauty, but also for their loving and gentle disposition. The expectant mother believes that if she constantly looks at such pictures the child to be born will resemble them in face and character. Anything and everything that she gazes at for any length of time is believed by her to affect her unborn child.[1] The first year that I visited Egypt I was on more than one occasion somewhat embarrassed by the numbers of women who would sit or stand around me when I happened to be visiting a village, staring at me without moving their eyes from my face. I was afterward told by my servant, who always accompanied me and assisted me greatly in my work, that these women were all expectant mothers and desired to have babies resembling me in face—hence the rigid stares! Since then I have frequently been gazed at in this manner, but have now quite lost my first feelings of embarrassment.

"Ah," said one woman when thus engaged in studying my features, "if I had a girl like her I could marry her for a thousand pounds!"

"Look well, O girl," replied my servant, "and if you are in a state of yearning you may have one like her!"

For a similar reason most women in this condition will endeavour to avoid ugly or unpleasant sights or people, fearing that their unborn infants may be thereby adversely affected. If a pregnant woman should see a dead person, man, woman, or child of either sex, and not take the necessary precautions, it is the generally

[1] This is also a common belief in England.

2: Blackman E-5 (1920-1926) 1927
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BIRTH AND CHILDHOOD

If a midwife is called in to assist at a birth she brings with her the customary confinement chair (Fig. 28); for women in Egypt give birth in a squatting attitude. If this professional assistance is not required the woman squats without the chair, resting her arms on, and pressing upon, a sieve which stands on its side (Fig. 29). She leans forward on the sieve even if she squats on the chair. The sieve, which is a large one such as is employed in winnowing, plays quite an important part in all the birth ceremonies, as will be seen later.

FIG. 28. CONFINEMENT CHAIR

It is the business of the female attendant or midwife, as the case may be, to cut the umbilical cord. The afterbirth is dealt with in a variety of ways. In many parts, if not all over Egypt, it is often called *el-walad et-tâni* (the other, or second, child), and some people regard it as an unfinished infant. If a woman is anxious to make sure of having another child she buries the placenta of the latest-born under the threshold of her house. She does this in order that when she desires to have another child she may be able to step over the buried placenta three, five, or seven times; for the belief is that its spirit will then re-enter her body, to be born again as a complete child in due course.

FIG. 29. WOMAN LEANING ON SIEVE

If a woman has lost several children in succession at birth she

2: Blackman E-5 (1920-1926) 1927
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the water in which he washed it. Then he must walk round the village seven times, and while he thus perambulates he must not speak to anyone. If a passer-by salutes him in the usual way he must reply by touching his forehead with his hand, but he must not speak.

Immediately this walk is accomplished the child will be born.

It is said that a protracted birth never occurs if the husband and wife are both good people, but even if only one of them is bad it may still occur.

If a woman has one miscarriage after another she places the last-born embryo in a niche in the wall inside the house. She takes a red brick—*i.e.*, a brick that has been baked in a kiln, not sun-baked only—and pounds it into powder. She then mixes honey with this powder and eats some of the mixture every day for seven days. At the end of this period she takes the embryo and puts it in a bath, into which she steps, and, squatting over the embryo, she washes herself all over her body. The belief is that the spirit of the embryonic child will enter her body again, and that she will immediately conceive. It is necessary, however, that she and her husband should have marital relations directly after she has had the bath. The body of the embryo is put back into the niche in the wall after she has had the bath and before marital relations take place. It remains there always, but soon falls into dust.

FIG. 31. IRON ANKLETS

When a child is born it is said that a new star appears in the sky. When the child dies, whether in infancy or at any later period, its star falls. Hence the falling stars.[1] The star falls two or three

[1] The same belief is current in some parts of England.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
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terror to them, and the more children they have the happier they are. They are often very jealous of the offspring of another, and therefore precautions are taken to protect the children from the ill effects of the evil eye, or eye of envy.[1]

A woman's *ḳarīneh* may also be jealous of the human children, in spite of the fact that if a child is born to a woman the *ḳarīn* or *ḳarīneh* of that child represents the offspring of the mother's *ḳarīneh*. Various measures are taken to safeguard the human child from the possible machinations of its mother's double. Indeed, the mother herself during her pregnancy must also be protected, for her *ḳarīneh*, in a fit of jealousy, may come at night while she sleeps and strike her "on the belly," thus causing premature birth. This is curious, as, presumably, the mother's *ḳarīneh* would also lose her child. But, at any rate in some parts of Egypt, the belief is that when a child dies it goes to the mother's *ḳarīneh*, who would in this way possess at least one child, even if her own child (*i.e.*, the human child's double) died at the same time as its human prototype.

Sometimes the *ḳarīneh* speaks roughly to the expectant mother, but refrains from striking her. In such a case the woman will go at daybreak to see a magician or a sheikh, and will ask him to write a protection for her. The protection (or written charm) is the agreement of the queen of the *aḳrān* with King David. For it happened one day that David saw one of them unfasten her hair, and fire was issuing from her mouth.

So he asked her, "What is your work?"

She answered, "If a woman is pregnant I come by night and strike her on her belly, so that she will give birth to a dead child. And if I do not do this, but allow her to bear the child safely, I may perchance come and strike the baby, or cause a snake to bite or a scorpion to sting it, so that it will die."

Then David said to her, "If this is your work I will kill you," and he spoke threateningly to her.

So she made an agreement with him and said, "If a mother carries your words on her person I will never do her harm."

So David consented to this suggestion and let her go on her way. Therefore if a pregnant woman thinks that she has cause to fear that her *ḳarīneh* will do her an injury she will apply for a charm (*ḥigāb*) and wear it till her child is born, when she will give it to

[1] See Chapter XIII.

BIRTH AND CHILDHOOD

in number, sometimes of different colours, are procured, and a different name is inscribed on each. All these candles are lighted at once, and the name on the candle which burns the longest is the one eventually bestowed on the child. After it has received a name the birth is entered in the Government archives, the name of the child's mother only being given; the father's name is not entered at all.

Boys are more highly valued than girls, and special precautions have to be taken when a male child is born to protect him from the evil eye. Sometimes the midwife is bribed to keep the sex of the child a secret, and if she is paid a sufficiently large sum of money she will consent to give out to the villagers that the child is a girl. I was told of a case of a woman who had given birth to a boy not knowing the sex of the child until it was thirty days old or more, and her husband was equally ignorant.

As a further protection from the evil eye a boy is often dressed as a girl for two years or so, all the villagers, presumably, being led to think that the child is a girl.

Women are supposed to suckle their children for two years, but if a woman again conceives before the end of this period she must, of course, wean her last-born child. When this happens she hangs a 'date of jealousy' round the child's neck to prevent its being jealous of the baby when it is born. I once witnessed a most frantic display of jealousy on the part of a very young child when he saw his mother with the newly arrived infant in her arms. He flung himself upon her in a fury of envious rage. The 'dates of jealousy' in some parts of Egypt are acorns; in other parts they are made of a kind of earth moulded into the form of a date stone.

If a child cries very much the mother will sometimes purchase a very small copy of the Ḳorān and hang it round the child's neck. It is believed that if the child begins to cry and then looks at the Ḳorān which it is wearing it will immediately stop weeping. Such small editions of this sacred book are also worn by a child to keep it well and to ensure its living. When used for this purpose the book is sewn up in a cotton case.

If, after long waiting, a woman at last bears a son a festival, or *mūlid*, is held. There are various kinds of *mawālid* (plural of *mūlid*) held for different reasons and on various occasions, and among them is that held in celebration of the birth of a son. It is a kind of thanksgiving on the part of the parents, and is also

2: Blackman E-5 (1920-1926) 1927
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I have been told that if a woman remains for a long time after marriage without the prospect of a child she will pray for a son, promising that, in the event of her prayer being answered, she will have the boy's hair shaved, leaving only the tufts, which she will dedicate to the sheikh or sheikhs, or to the saint or saints, with whom she has interceded. When offering such prayers she will probably repair to the tomb of the sheikh, or to the church of the Coptic saint, to whom she wishes to appeal. I was told in Fayūm Province that if a boy is seen with his hair cut into tufts it means that he is an only son, and that this style of headdress will ensure him a long life. The initial cutting of the hair, it should be pointed out, is performed at home.

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Among the Copts the rite of circumcision should be observed before baptism, according to Dr Butler.[1] The actual ceremony closely resembles the Muslim rite, so that the following description applies to the followers of both religions, the only difference being that whereas the Coptic child should have this operation before baptism, for the Muslim there is no limitation as to age, though it is always carried out during the early years of a child's life. The ceremony entails a certain expense, and is therefore sometimes carried out conjointly with a marriage ceremony, so that the cost may be shared.

E [302]

The boy who is to undergo this operation has his hands and feet dyed with *henna* at sunset two days before it takes place. On the following day the barber comes and cuts the boy's hair in a particular way, called *mukarraṣ*, which means 'made into little loaves or cakes.' I do not think that this form of hairdressing is in any way connected with the tufts of hair described above. After the haircutting the boy is washed, and, so I was told, coins are put on his face. This is probably the same custom as is observed at weddings, when the female visitors who wish to present the bride with small sums of money go up to her and place the coin they wish to give to her on her upturned face. In the case of the boy the money presented in this way is taken by the barber. The boy then has a particular kind of felt cap placed on his head. This cap, which is white in colour, decorated with yellow designs and tassels (Fig. 40), is purchased by the parents especially for the occasion, and worn only for this rite. The cap is further decorated by the attachment of scraps of coloured paper or bits of cloth or muslin. The boy, thus attired, is then placed on a horse, usually, I believe, with his face toward the animal's tail; he is covered up with a shawl, and, with one man holding him securely and another leading

E [463] E [431] [465] F C [292]

[1] See my article in *Man*, vol. xxv, p. 263.

2: Blackman E-5 (1920-1926) 1927
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Upper Egypt
COPTS MR10

MARRIAGE AND DIVORCE

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common to all classes in Egypt, but now survives only among the *fellāḥīn*.

Among the Copts divorce is never permitted, but among the Muslims it is not a difficult matter to arrange, though it is necessary for a man or woman to produce some valid reason for taking this course of action. The parties, or perhaps the husband or the wife only, go before the *ḳāḍi* and say that they wish to be divorced. A sum of money is sometimes paid to the other party by the one who applies for the divorce. A man is permitted to divorce his wife if she is childless; that is to say, if he wishes to get rid of her. If after such a separation the parties wish to marry again they can do so. The 'triple divorce' is a much more serious affair, as will be seen in the following story.

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FIG. 42. THE OLD MAN WHO DIVORCED HIS WIFE

An old man whom I have known for several years (Fig. 42) came to me in great distress when I arrived in his village. He is eighty years of age or more, and owns most, if not all, the looms in the place. I thought he seemed very bent, and he hobbled along with the aid of a stick, followed by a grinning crowd of villagers. He fell down at my feet and began to kiss my boots, and appeared to be beside himself with grief. It appeared that shortly before my arrival he had got into a temper with his wife (Fig. 43), who is considerably younger than he is, and in a fit of rage had divorced her by the triple divorce. This divorce is obtained by a man saying to his wife "I divorce you" three times over, in the presence of witnesses. Once this is done he cannot remarry his wife, however much he may wish to do so, unless she first marries another man,

2: Blackman E-5 (1920-1926) 1927
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CHAPTER VI

FERTILITY RITES

RITES to ensure the birth of children are practically world-wide, and are of great variety. The failure to produce offspring involved the weakening of the tribe, which in early times depended upon its numerical strength for its defence against hostile neighbours. Hence the importance of the possession of children, especially of the male sex.

Love for their children is a marked trait in the character of the modern Egyptians. I have often seen the roughest *fellāḥ* handle his sick child with remarkable tenderness when he has brought it to me in the hope that I might be able to cure it of some complaint.

Muslim law permits a man to put away his wife if she has no children, and a woman divorced for this cause has small chance of obtaining another husband when once the reason for her divorce has become known. Hence the prospect of childlessness is a very real terror to a wife, and the methods to which women resort in order to prevent such a catastrophe are numerous.

Some years ago, when I was working at a large collection of charms and various magical appliances at the Pitt-Rivers Museum in Oxford, it occurred to me that certain so-called pendants which my brother had brought me from Egypt might have some magical powers attached to them. These pendants are modern copies of ancient Egyptian blue glazed amulets, representing gods, goddesses, sacred animals, or scarabs. I showed these objects to an Egyptian sheikh then resident in Oxford, and asked him what they were used for. After some hesitation he told me that they were women's charms, and were used in Upper Egypt as a means of ensuring the birth of children. I have found that such charms are in great request in all the provinces south of Cairo that I have visited. The sheikh also told me that a man travelling about Upper Egypt with such charms in his possession would be besieged, as he approached a village, by crowds of women begging to be allowed to step over these amulets.

2: Blackman E-5 (1920-1926) 1927
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THE FELLĀḤĪN OF UPPER EGYPT

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On my first visit to Egypt in 1920, soon after my arrival at my brother's camp on the high-desert slope in Asyūṭ Province, a certain number of childless women sent appealing messages to me, asking if I would let them have one of the bones which were scattered in great numbers about the ancient burial site on which the camp was situated. Their object was to step or jump over the bone in order to ensure, as they believed, the production of offspring. I acceded to their request, and then suddenly thought of my pendants, which I had unfortunately forgotten to bring out to Egypt with me. However, I sent a message to the women to say that I had written to England requesting that certain very potent charms that I possessed should be sent to me as soon as possible.

[532]

FIG. 44. THE FOUR CHARMS OVER WHICH THE WOMEN STEP

When the parcel arrived I caused the fact to be known in the various villages of the district, at the same time intimating that I should be glad to see any of the women who wished to make use of them. From then onward women, sometimes as many as ten at a time, would come from various villages in the district, crossing the lower desert, and climbing up to our camp on the hills which rose into the upper desert. They were usually accompanied by a middle-aged man or woman, sometimes by both. The man was not present at the ceremony, but the woman chaperon stayed with them all the time.

The ritual was as follows. The women first repaired to one of the ancient decorated tomb-chapels, conducted thither by one of our servants, who had the key. On entering they each stepped seven times backward and forward over what they supposed to be the mouth of the shaft admitting to the subterranean burial chamber. When this performance was over they returned to the undecorated tomb-chapel in which I lived. Here I produced the charms, two of which were placed on the ground at a time. Then each woman

2: Blackman E-5 (1920-1926) 1927
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solemnly stepped over them backward and forward seven times. Four charms in all were used, representing the head of Isis, a mummified divinity, a scarab, and a cat (Fig. 44). When this was accomplished the lower jaw-bone of an ancient Egyptian skull was placed on the ground. The same ceremony was yet again performed, being repeated with two complete ancient Egyptian heads, one a well-preserved mummified head, the other a skull. A glass of water was then brought, into which the blue glazed charms were dropped. Each woman drank some of the water, and then picked out the charms and sucked them, and some rubbed their bodies with these magical objects, and also applied the water to their persons.

It may interest my readers to know that on my return to Egypt the following year one of the first items of news communicated to me by my servant was that at least two of the women who had had resort to my charms would shortly bear children.

Great efficacy is attached to the Pyramids, and childless women will repair to one of them and walk round it seven times, believing that this perambulation will assist them to become mothers. Women sometimes beg to be allowed to remove small portions of the decorated walls in ancient tomb-chapels to assure their bearing children. It appears that ancient things in Egypt are credited with great potency in this respect, but it is difficult, if not impossible, to obtain any reliable information from the people themselves as to why they attach such magical power to antiquities. The stepping over the tomb-shaft suggests a belief in reincarnation, and this belief does exist among the peasants, as will be seen later on; but there is also the idea that *barakeh* is attached to anything that is old, or sacred, or even peculiar. The word *barakeh* means blessing, and *barūkeh* is a lucky coin, a thing to bring good luck.

Women who have no children will sometimes visit a sheikh's tomb, entreating him to intervene on their behalf, and vowing to make some gift in return if their wish is granted. A cord or cords are often to be seen hanging across the inside of such a building, and from it are suspended a variety of objects, including coloured handkerchiefs. These are, in many cases, the votive offerings of women, which they have hung up in the tomb when their prayers for offspring have been answered.

Lane[1] records the practice of visiting tombs or mosques to obtain

[1] *The Manners and Customs of the Modern Egyptians* (London, 1871), vol. i, pp. 300 f

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
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782 a blessing, or to urge some special petition, such as the gift of children. He states that the suppliants believe that a more favourable reception to their prayers will be granted if offered up in such sacred places.

842 778 123 *Barakeh* is also occasionally believed to be possessed by, or attached to, living people. Over and over again women have come up to touch me because they believed I had this virtue. Among the numbers of women who in 1926 came to me to step over the blue glazed charms which I always take about with me was a young married woman who was in a state almost verging on madness because she had no children. Five years ago she had given birth to a child which survived only a few hours. Since then she had had no hope of becoming a mother. She was in a desperate plight, and her fears were increased because she suspected that her husband would shortly divorce her as there seemed to be no prospect of a family. She begged and entreated me to help her, so I suggested the charms, over which she stepped seven times. She came a second and a third time, becoming more and more frantic as time went on.

The last time she visited me she said, "O gracious lady, I know you *can* help me if you will; we all know you have so much *barakeh*!" She then seized my hand, pressing it against her, and saying, "You *can* give me *barakeh* if you will!"

I expressed my sorrow for and sympathy with her, and she took her departure. Not long after I heard from one of her fellow-villagers that her wish was at last realized, and that she had hopes of becoming a mother. It was all put down to me, and she called it *my* child! Many people after this came to me from her village for the same purpose, and all, so I heard, met with the same success. The population of that village should be appreciably increased through my supposed *barakeh*!

842 764 It is a popular belief in Egypt that if a dead child is tightly bound in its shroud the mother cannot conceive again. Therefore the shroud and the cords binding it are always loosened just before burial, dust also being put in the child's lap. The dust is put there, so I was told, in order to keep the body lying on its back. The woman who gave me this information said that sometimes a body twists round when decomposition sets in, and if this happens the mother cannot have another child. If, in spite of precautions, the woman as time goes on seems to have no prospect of again becoming

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2: Blackman E-5 (1920-1926) 1927
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FERTILITY RITES

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a mother she will go to the tomb of her dead child, taking a friend with her, and request the man whose business it is to do so to open the tomb. The disconsolate mother then goes down inside the tomb where the body lies, and steps over it backward and forward sevén times, in the belief that the dead child's spirit will re-enter her body and be born. Here we see a definite belief in reincarnation.

B 842 775 171

A very similar practice has been noticed among the Bangalas, a tribe to the north of the Congo. On one occasion a woman of this tribe was seen to be digging a hole in a public road. Her husband explained to a Belgian officer who was present that his wife wished to become a mother, and begged that she might be left unmolested, promising, on his part, to mend the road afterward. The woman continued to dig till she had unearthed the skeleton of her dead child, which she affectionately embraced, begging it at the same time to enter her body to be reborn.[1] In this case we see a very similar rite, accompanied by the same belief, as in modern Egypt.

E 842 766

Among the Copts, if a child dies while it is a baby and after it has been baptized the body is enclosed in a coffin. However, the mother of the child instructs the men who take it to be buried in the graveyard (generally near a monastery) that they are to remove the body from the coffin and inter the latter only in the vault. The body of the child is then buried in the sand near the vault, and sand is placed under its armpits and its chin and on its thighs. This, the mother believes, will ensure her having another child. It seems as if the Copts have a belief similar to that of the Muslims mentioned above, and that the sand is used to keep the body from twisting and thereby preventing the mother from bearing another child.

Again, among the Copts, if a child dies before it is baptized it is placed naked in a *ḳādūs* (an earthenware jar, several of which are attached to water-wheels). This jar is buried under the floor of one of the rooms in the house, it does not matter which, and is covered again with the mud of which the floors are usually made in the houses of the *felläḥīn*. This is believed to ensure the mother having another child.

Sometimes if a woman has no children her friends will take her

[1] Quoted by Sir J. G. Frazer in *The Golden Bough*, "Adonis, Attis, and Osiris," 3rd edition, vol. i, p. 92.

2: Blackman E-5 (1920-1926) 1927
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Sometimes if a woman has no children her friends will take her

842 152 to the railway and make her lie down between the lines in order that the train may pass over her. One reason given me for this somewhat dangerous procedure is that the fear which the woman [827] experiences assists conception, for it is said to cause the blood to circulate quickly through the body, making the womb expand, with the result that she will more easily conceive. Another ex-

[291] [192]

FIG. 45. FERTILITY RITE: LIGHTING THE 'CANDLE'

planation given me for this rite was that when the mother is thus [776] [794] frightened her *karīnch* comes to her with the soul of one of her dead children and causes it to re-enter its mother's body. The soul of a dead child, so I have been told, goes to its mother's *karīnch*. Probably these explanations are accepted by some of the people, but in many cases, I fancy, such rites are merely carried out because they are customary and recognized cures for childlessness.

764 842 The water with which a corpse is washed before burial is, if possible, obtained from a mosque or from a sheikh's sacred well. After the washing is completed a barren woman will seize the opportunity to step over this water seven times. I was told of one who resorted to this device and who became pregnant a month afterward.

2: Blackman E-5 (1920-1926) 1927
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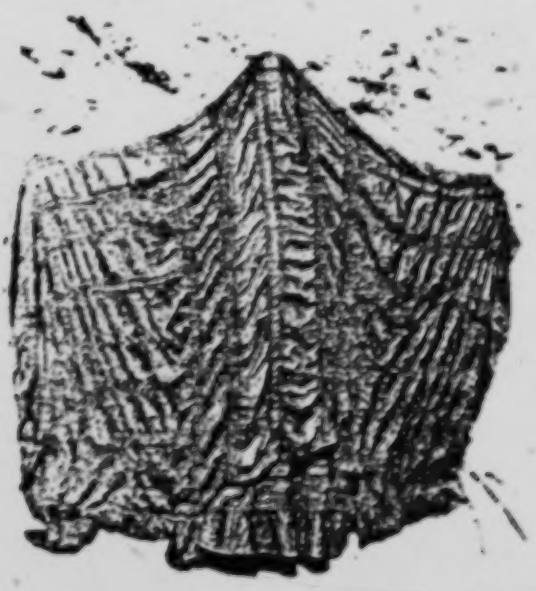
C 842 789

been sitting and proceeded to lift the jar from off the woman's stomach. It took a very strong and somewhat lengthy pull to do this, and as it was finally removed there was a resounding pop, like an explosion. It was explained to me that one possible reason for the woman not having conceived was that she had "wind in her stomach." The noise caused by the removal of the jar was this wind coming away, as they supposed, from the stomach through the navel. The performance was repeated two or three times, and on each occasion when the jar was pulled away the noise was very loud, and the two attendant women remarked on how much wind the patient had in her stomach. As I have said, the woman who removed the jar had to exercise her full strength to get it away, and this part of the performance must have caused the patient a good deal of discomfort, if not actual pain, for her stomach was dragged up with the jar in the effort to remove it, the suction, of course, being caused by the vacuum created by placing the jar over the lighted 'candle.' I was sorry to hear, when making inquiries later on, that the operation had failed to produce the desired effect!

C [837]



F [291]

FIG. 47. WOMAN WITH OUTSTRETCHED ARMS COMPLETELY ENVELOPED IN A TŌB

F 842 789

Childless women frequently have recourse to this fertility rite, at any rate in some parts of Egypt. I do not yet know if it is a widely

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spread custom, for, being a somewhat private operation, it would not be talked about freely, and one must have been on very familiar terms with the people for a long time before being invited to be present on such an occasion.

Quite recently I was present at another rite performed by two childless women. A third woman held a long, wide piece of black material over her head and outstretched arms, so that she was completely covered (Fig. 47). This garment is called a *tôb*, and is the one worn by women out of doors. The woman who thus officiates must be one who has had children that have died. One of the childless women then crept underneath the *tôb* and walked round the officiant seven times, always keeping well under the garment (Fig. 48). The second woman then followed suit. No woman who has walked round another woman in this way must in her turn thus hold the *tôb* for another, for if she did the benefit she had hoped to secure by walking under this garment would be taken from her.

FIG. 48. WOMEN CREEPING UNDER THE TÔB

These two women, hearing that I was coming to the village in which the ceremony was to take place, delayed carrying it out until I could be present, in the hope of getting the additional benefit of

2: Blackman E-5 (1920-1926) 1927
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my *barakeh*. I am happy to say that in both cases the performance was crowned with success!

I have already mentioned that the peasants appear to believe that ancient things are specially endowed with *barakeh*, and that on that account they may be efficacious in curing childless women of their barrenness. On the site of an ancient temple in Middle Egypt is a pool of water in which large inscribed stones are partly submerged, while others lie on the ground close by. The site is

FIG. 49. WOMEN PERAMBULATING THE POOL ON THE SITE OF AN ANCIENT TEMPLE

called *el-Kenīseh* (the Church) by the peasants, probably because it became known that it is the site of an ancient temple. This pool is believed to possess miraculous powers, and every Friday childless women flock thither from all the surrounding villages. They clamber over the stones on the edge of the pool and also over those which are partly submerged, performing this somewhat arduous feat three times, and going more or less in a circular direction (Fig. 49). After this they hope to conceive.

Curiously enough, women come to this spot and act in the same manner to prevent conception. On the occasion of my visit to the pool one of the women who was there told me that she had come for this latter purpose. She did not want to have another child for some time, as she had one or two very young children living

2: Blackman E-5 (1920-1926) 1927
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FERTILITY RITES

Women also come here if they are experiencing difficulty in suckling their children, and donkeys which are not producing sufficient milk for their young are likewise driven here. The ceremony is the same as that for childlessness, and after its performance the milk is supposed to be much increased in quantity.

Many years ago my brother, Dr A. M. Blackman, recorded a custom of hanging skins of foxes over the doors of houses in Lower Nubia.[1] On inquiry he found that they were believed to be charms "to protect the women of the household, preventing miscarriages, and helping them in labour." In some parts of Egypt if a mother wants another child she will attach a small piece of fox's skin to the head of her last-born living child. After doing this she hopes that her wish will be granted.

The pollen of a male palm is used as a charm to produce fertility; some of it is mixed in water, which is drunk by the woman who wishes to have a child. The fertilization of the female palm with such pollen might naturally account for the belief in its efficacy as a charm to cure a woman of barrenness.

It is believed that if a woman who has lately had a child goes to see another woman who has recently given birth to a child which did not survive, the latter will not conceive again. The happy mother whose child lives must wait until her friend's child has been dead for fifteen days, when all danger of seeing her will be over. However, should such an unfortunate visit be paid before the fifteen days have expired, the bereaved mother must counteract the danger of future childlessness by visiting the tomb of her dead child and going through the ceremony of stepping over its body already described. She may as an alternative choose one of the other rites for the same purpose.

I will now describe some of the methods employed to prevent conception. One I have mentioned already in connexion with the stones in and beside the pool. If an expectant mother wishes to have no more children for a certain period she will take the seeds of a castor-oil plant and, on the day after her child is born, she will eat one of the seeds if she wishes to be without another child for one year, two if for two years, and so on. This is believed to be invariably effective. If a woman has a spite against another who wishes to have a child she may secretly insert some castor-oil seeds into her food, and so render her unable to conceive.

[1] *Man*, vol. ix (1909), pp. 9 f.

2: Blackman E-5 (1920-1926) 1927
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THE FELLĀḤĪN OF UPPER EGYPT

842 789 [841] If a woman when she gives birth to a child does not want to conceive again for some time she takes some date stones and covers them with some of the blood of her confinement, and then, tying them up in a rag, conceals them in a wall of her house between the bricks. The chink is then stopped up with clay. Each date stone she thus conceals represents a year, and the number, of course, varies according to the number of years she wishes to remain without offspring. When she wishes to have a child again she removes the date stones from their hiding-place, steps over them seven times, and then, placing them in water, bathes in it. I had the opportunity of witnessing such a performance once. The woman, to enable me to take a photograph in a better light, placed the date stones on the threshold of her house, and then stepped over them. Some of these date stones, with the rag in which they had been tied up, were afterward given to me.

840 754 789 [791] A man who is well known to me divorced one of his two wives a year or so ago, and this woman resolved to have her revenge on the other wife. She accomplished her purpose in the following manner. She consulted a female magician, who wrote a spell on an egg and another on a palm-leaf. A male member of the divorced woman's family (probably her brother) took the egg and the leaf and hid them in a tomb. The hiding-place is kept secret, so that no one can remove them, for if they were discovered and taken away they would no longer remain effective. It has come to the knowledge of the man's wife that the divorced woman has acted in this way, and the spells, so she says, have made it impossible for her to bear a child. Possibly the firm belief she has in the potency of such spells has brought her into a neuropathic condition. [758]

842 164 163 515 The fact that so many methods of curing barrenness are employed by the peasants is an indication that, despite the high birth-rate, infertility in women is not uncommon in Egypt. As has been pointed out to me by a doctor who is in daily touch with the poor, venereal disease, which is, unfortunately, very prevalent in some villages, is largely responsible for this state of affairs. A proper organization, involving treatment and instruction in simple hygiene—at present, so far as I know, entirely lacking in the country places—is badly needed to prevent the further spread of this terrible scourge.

2: Blackman E-5 (1920-1926) 1927
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asked him where he had been, to which he replied, "I have been among the *'afārīt*."

Since that day he has been perfectly sane, and is now living happily in his native village.

The following is another case related to me in 1923, the incident occurring, so I was told, in 1920. In a town in Upper Egypt there dwells a somewhat celebrated Coptic magician, whom we will call the Sheikh B. He is known to be married to an *'afrīteh*, because he disappears every night, but neither his wife nor her children—for the people have discovered that she has offspring by the sheikh—are ever seen. They may come up above ground sometimes while people are talking about them, but they remain invisible.

The upper story of a certain house in this town was occupied by a Coptic clerk employed in a large business firm, while in the lower story lived a man whose wife had no children. The husband of this woman, distressed at having no offspring, begged the Sheikh B to come and see his wife, hoping that he might be able to give her some charm or read some incantation which would cure her barrenness. Accordingly, one evening, at a late hour, the magician arrived.

The occupant of the upper story was in the habit of praying every night and morning. On the evening on which the Sheikh B arrived this man was reciting some of the Psalms of David in a loud voice. On hearing these recitations the Sheikh B cried out, "Oh, make this man stop reading, for he is interrupting me!" Some of the people who had assembled to see the sheikh went up to beg the man to stop reciting. However, he paid no attention to their request, and read through all the Psalms, repeating them in a loud voice, so that they could easily be heard in the rooms beneath him.

The Sheikh B then cried out to him, "Oh, stop reciting these Psalms, you have burnt one of my sons"; for the sheikh had brought up many *'afārīt* from under the earth, including his own sons, so that he might consult them as to what should be done for the childless woman.

Finally the clerk went to bed; but as soon as he had laid himself down he felt that there were people in the room, and suddenly found himself being lifted off the bed. He opened his eyes, and saw four small *'afārīt*, dressed in quaint coats and trousers of many

2: Blackman E-5 (1920-1926) 1927
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and bead bracelets, bunches of human hair, handkerchiefs, first-fruits of the cornfields, and so on. Each one registers an answered prayer, for the people flock in crowds to these tombs on certain days of the week—usually Thursdays or Fridays—generally to make some special request, or with the object of being freed from some disease, which they believe the sheikh can cure. A childless woman, or persons possessed by *ʿafārīt*, will come to beg the sheikh to intercede for them. Indeed, the performances of certain rites at the tomb may in themselves effect a cure.

Having removed his or her shoes before entering the building, the visitor then walks from left to right round the catafalque erected beneath the dome three, five, or seven times, reciting meanwhile special passages from the Ḳorān. These perambulations accomplished, the servant of the sheikh takes a broom, kept for this special purpose, and carefully brushes out all the footprints in the interior of the building.

Sick animals are also brought by their owners to a sheikh's tomb, round which they are driven seven times.

In one of the provinces of Upper Egypt, on the lower desert, stands the domed tomb of the sheikh Ḥasan ʿAli (Fig. 139). It is surrounded by a low mud-brick wall, which encloses a few small trees, a well, and two or three graves, wherein relatives of the dead sheikh lie buried. Pots of *ṣabr* (aloes) also decorate the sacred spot, for this plant is believed to bring happiness to the dead. The building is whitewashed, and is decorated with line-drawings in red and blue, illustrating the pilgrimage to Mecca. The surrounding desert is covered with the graves of more ordinary folk. These are marked by heaps of sand, into which are stuck branches of palm-trees, for palm-branches, like the aloe-plants, are believed to be the means of conveying happiness to the dead who lie beneath.

The sheikh Ḥasan ʿAli was only eighteen years old when he died, but from his earliest years he was noted for his piety. He was educated at a small school in his native village, and, as soon as he had learned to read, he spent all his leisure moments studying the Ḳorān. When he died he was buried in an ordinary grave in the lower desert among his dead fellow-villagers. However, one day, when old ʿAli (his father) was squatting on a *maṣṭabeh* (see p. 32), with his head resting on his hand, his dead son appeared before him and caught hold of him by the wrist, saying, "I am very angry."

His father said, "Why are you angry, my son?"

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formed him that one of his sons had stolen it and had sold it to a man in another village in the same province. She then told him the name of the man who had bought it, and said that if he went to the house of the purchaser he would be able to recover his lost property.

I was told that this information proved to be true, and the man eventually got back the camel which he had lost.

Another man then came forward, and when he had presented the sheikheh with a small sum of money she told him his name and the name of his village, though he was quite unknown to her. She also informed him that he had three sons and one daughter—a perfectly correct statement—and said, moreover, that on his return home he would find that his daughter was ill, this information also proving to be true.

This woman died two or three years ago, and crowds flocked to her funeral, men of all ranks coming to do her honour.

A certain Sheikh Ṣabr is buried in a small village in Middle Egypt, and a tree only marked his resting-place. This tree, which was large and very old, was blown down in 1926. I inquired if a tomb would now be built over the grave, but I was informed that probably no such building would be erected until the sheikh had appeared to some one and commanded him to build for him a domed tomb. I had visited this village on several occasions before the disaster occurred to the sacred tree, and was fortunate enough to secure some good photographs of it. The tree stood at the end of the village, and devotees who came to beg the sheikh to intercede for them so that they might obtain some special benefit, or who wished to be cured of headache or other ailments, would knock a nail into the trunk and then usually twist some of their hair round the nail. A cure, so it was believed, would follow this act. The nails must be virgin-nails—*i.e.*, not used before—and must be of native manufacture. Childless women also yisited the tree to be cured of their barrenness. The sheikh Ṣabr is very highly venerated, and a *mūlid*, described on p. 256, is held in his honour once a year.

All these sheikhs were poor men, and the veneration shown to them is due to the virtues they displayed and to their supposed miraculous powers. The high esteem in which they hold their local saints is really good for the peasants, as it sets them some standard of conduct, and gives them a higher ideal of life than mere moneymaking and material success.

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F A 585

entertained all the household of Pharaoh." This account suggests that in ancient as in modern times the bride's furniture was conveyed with some ceremony from her parents' house to that of her husband (p. 93); we also see that the ancient like the modern bridegroom used to entertain his male friends on the night of his marriage (p. 93).

F A 586

It is stated on p. 95 that a sum of money is sometimes paid by the party who applies for a divorce to the other party. That, as can be seen from the ancient marriage-contract translated above, and from those published by Professor Griffith,[1] was the prevailing custom in late Pharaonic and Ptolemaic Egypt. Ancient bills of divorcement are still extant, the earliest dating from the time of Darius, and some of them have been published and translated by Professor Griffith.[2]

F A 847 789

It is interesting to observe, in connexion with the modern practice (p. 107) of a mother's attaching a small piece of fox-skin to the head of her last-born living child to ensure her bearing again, that the sign (*ms*), used in writing the verb *msy* (give birth) and its derivatives, consists in well-formed examples of three fox-skins tied together.[3] This suggests that there may have been some association of foxes with fertility in ancient Egypt.

F A 764 778 823

The water used for washing a dead Muslim is brought either from a mosque or from some sacred well or pool connected with a sheikh (p. 109). Similarly, in ancient times the formulæ pronounced while the washing of the corpse took place state that the water has issued from Elephantine, and so is the exudation of Osiris, or that it has been drawn from some sacred pool connected with the sun-cult, or that it is the efflux of the sun-god or the womb of the sky-goddess out of which the god emerged.[4]

F [794]

That the washer of the corpse may be a *fikih* (p. 109) shows that this performance still possesses some, though probably quite vague, religious significance.

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The utterly uncontrolled grief displayed by the women when

[1] See p. 291, footnote 6.

[2] *Catalogue of the Demotic Papyri in the John Rylands Library*, vol. iii, p. 117.

[3] See A. M. Blackman, *Man*, vol. ix, pp. 9 f.; L. Borchardt, *Zeitschrift für ägyptische Sprache*, vol. xliv, pp. 75 f.; A. Erman, *Zeitschrift für ägyptische Sprache*, vol. xlv, p. 92.

A [113]

[4] See A. M. Blackman, *Recueil de travaux relatifs à la philologie et l'archéologie égyptiennes*, vol. xxxix, pp. 44 ff.; *Proceedings of the Society of Biblical Archæology*, vol. xl, pp. 57–66, 86–91; *Journal of Egyptian Archæology*, vol. v, pp. 117 ff., 157 ff.

with the pre-Islamic and pre-Christian magic of Ancient Egypt.(11)

This affinity is confirmed by the faith of the fellaheen in everything that represents itself to be ancient, primitive, *qadîm*. For many of their superstitious beliefs they can give no other reason. Why is a Coptic monk preferred as a sorcerer? Why should the touching of ancient statues make a woman conceive? Why should a pebble or written charm from the sorcerer give effect to a wish? Because it is *qadîm*. Because it holds in itself the power of the past.

The function of women mourners is also traditional. A fellah dies. At once loud cries from the womenfolk announce it to all the neighbourhood. The common bier is fetched from its place near the *gurn* outside the village. Women wash the body in warm water within the house, while outside rise the wailings of the mourning women.

In their funeral cries they boast of the beauty and fine qualities of the departed, they reproach God for taking him, they call to the dead man, to his wife and children, they cry out to Death itself. These complaints seem natural and improvised. In fact they are no more so than the tears of the professional mourners, wrapped in great veils (*milayas*) specially for this ceremony, their face coloured black or blue as a sign of mourning, their heads sprinkled with mud. Leading the womenfolk in a ghastly dance, they rise, clap their hands, sway about and fall exhausted, now slackening, now hurrying their cries. Here the women take first place. The men put in an appearance, both at the funeral and on the visit of sympathy, for death is a part of public life. But they participate only by their presence; they say nothing. In silence they follow the bier, clasp the hand of the nearest relation, stay seated for some time by the dead man's house, and make their way home again(12).

Other occasions, less frequent but more joyful, bring the fellaheen together for music and story-telling. The man who brings them these hours of pleasure is the *sha'ir*, reciter, storyteller and singer all in one. He is himself a fellah, but an exceptionally gifted one. It is his melodious voice that has singled him out for the musician's life, but he also accompanies himself on the *rebâba*, a single-stringed, sharp-toned violin. He will sing the praises of Mohammed or Jesus, describing the Prophet's appearance in naive, highly-

843 avoids looking at any dead person, and gazes on portraits of handsome men, perhaps magazine cuttings that she has pinned on the wall. She must be able to eat what she likes. If she is thwarted, the child will be seriously affected.

846 783 [852] Immediately after birth the baby is put in a basket, which serves as a cradle, and is not washed for seven days. The first bath has a ritual significance of purification. It is given by the midwife, and the water is poured from a pot (*abriq*) specially kept for this purpose, with different ornamentation for a girl and for a boy. The mother is technically impure for thirty or forty days after, according as the child is a girl or a boy. These Moslem customs are also found in Morocco.

844 [431] If at the moment of birth the father is working in the fields, and the child is a son, a friend will run and tell him the good news, for which he can claim a gift. This tradition recalls a text in Jeremiah: 'Cursed be the man who took the tidings to my father, saying to him "A son is born", and who filled him with joy'. (Ch. XX, v.15).

777 751 As soon as the child is born, a blue bead is hung round his neck to turn away the evil eye. For the same reason the boy of whom his parents are so proud may be dressed like a girl, till he is weaned. His mother will give him suck for two years at least, at far too frequent intervals, thus 853 causing gastric troubles. This is the length of time favoured 842 by the ancient Egyptians, by the black peoples of Africa, 586 and by Koranic precept: "Divorced mothers shall give suck to their children for two full years" (Sura II, 233). The peasant women think that by weaning late they will delay another pregnancy.

854 482 When the time comes for her to go out — and this happens very soon — she carries the infant astride her shoulder, which does not prevent her from carrying a pot full of water on her head. While she is working in the fields she puts her baby on the ground, near the path which threads the crops, in the shadow of the maize. The baby does not always have something to lie on, but rolls in the furrow, puts earth in its mouth, screams, sleeps and gets used to it all. If it cries 853 too loud, any passing mother will give it her breast.

854 The child stays at home until his fifth year. He soon gets used to the company of the animals there. Before 857 long he is capable of looking after them and can take the

or like a silver thread in the distance. He resorts to it more often than to his fellowmen. He does not pray to it, as his ancestors did, but he constantly visits it. The Nile is in his blood. There is the same intimate bond between the Nile and the fellaheen as between the sea and the fishermen of Brittany. They even call it *el Bahr*, the sea, and their fields they call "shores" (*el rîf* — plural *el ariaf* — the usual word for the Egyptian countryside) ("a). At High Nile they believe women to be more fertile and men more healthy; marriages are most often celebrated at this season. If a child is sickly or ill, his mother takes him on the Nile at this time, and makes him throw sweets and dates into the clayey waters, with the words "Oh Nile, let my strength grow like your depth". A dying fellah, before he breathes his last, is given a final draught of its living water.

In the Coptic Mass there is the following prayer: "Vouchsafe, O Lord, to bless this year the water of the river. By Thy grace bring it to due height. Gladden the face of the land, that the fields may have water and the crops be multiplied."

The silt of the Nile has its part also in the rites of life and death. The fellâha, when her time is coming, crawls to the brink of the water and takes up a handful of moist earth, which she will swallow at the time of delivery to ensure a successful birth.

When the *mizayen* cuts the child's hair for the first time, the hair ceremoniously cut off is not flung to the winds, but carefully rolled into a ball of earth.

Professional mourners bedaub their breasts, heads, and arms with mud as a sign of grief. The body is put into the earth without either coffin or clothes.

The fellaheen bury in the earth the jar containing their savings, and charms which they wish to take effect. Every birth affects the soil; the after-brith is buried inside the house, and the umbilical cord, wrapped up in a little bag with a few grains of corn, is dug into the father's field.

The fruits of the earth are still more closely involved in this peasant mysticism. The analogies between vegetable life and the peasants' own extremely physical existence make them believe in an interplay of fertility between the two.

The ceremonies of the seventh day, when the newly-born child is washed and given a name, often include the following

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The ceremonies of the seventh day, when the newly-born child is washed and given a name, often include the following

branches in use to adorn the bride's canopy and the tombs of the dead. 245

The day after his wedding the bridegroom strips a palm branch, splits it at the point and goes to touch his friends with it for good luck. To strike a man with a green palm branch brings blessing. Palms to the fellah are like flowers, and there can be no procession or wedding or funeral without them. [585 777]

The pollen of a male date-palm mixed with water is a charm against childlessness. On the other hand, to swallow one, two, or three date-stones will prevent childbearing for as many years. 777 842

Magic and medicine are confused in the traditional use of the products of the earth to preserve or recover health. The startling pharmacopœia of the fellaheen is to be put down partly to experience but chiefly to superstition. They have taken whatever came to hand and used it : for the bowels an infusion of palm or maize leaves ; for the eyes onion juice or charred cotton ; for broken bones acacia gum ; for swellings or rheumatism bandages of hemp. The treatment clearly depends on what plants they have within reach, and the effect, in great part, on credulity. 755 757 278

Those peasant traditions, unquestioned and irresistible, are largely superstitious. Miss Blackman gives the greater part of her book (**) to describing superstition in its thousand forms, as if the whole life of the fellaheen were passed in these sub-rational affairs. Too much weight, probably is laid on fellah superstitions. They arerec orded with a certain condescension, and in spite of all that has been published on the subject there are still many gaps. However, there is no point in enriching the collection, since there is nothing original in it. Most of these customs are common to the whole of the East or to Islam. The rest, which go back beyond Christianity to ancient Egypt, are one more illustration of the changelessness which was the subject of our first chapter. 183 171 178

It is certain that these benumbing practices of the fellaheen are even more effective than their manner of life in isolating them and bringing about that withdrawal which 'man creates for himself by the whole structure which he founds on his own labour'. To a way of living which itself weighs him to the ground the fellah adds the burden of these ritual observances.

4:Walker E-4 (no date) 1934 MR13 Fellahin MR13
(ca. 1890)

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III

THE MUSHĀHARA

THIS is a quantity of stones of different colours, strung together along with a quantity of pieces of silver and gold which are called *masākhīf*. (*Masākhīf* in the technical language of the womenfolk means people on whom the wrath of Allah has alighted for some crime they have committed in the past, and on account of which He has changed [p. 14] their original nature.[1])

The owner of this necklace sees herself possessed of great wealth, because, as she and others like her imagine, it protects a woman during confinement from the misfortune of barrenness, and those afflicted with ophthalmia from the ill-luck of losing an eye. Accordingly you see every barren woman, and everyone afflicted with ophthalmia, having the *mushāhara* brought to them from some place or another, even if the woman's circumstances compel either her mother to pledge her ornaments, or her father to pay out all his money as security for the stones to the owner of the *mushāhara*, lest they should be lost. The strange thing is that so many believe that the life of their sick one depends upon whether the "old woman," who is the owner of the *mushāhara*, hands it over or not.

IV

THE KABBĀS STONE (ḤAGAR AL-KABBĀS)

THIS should rather be called the principal of the *mushāhara*[2] because, whereas the *mushāhara* protects one from falling into

[1] [*Masākhīf* (singular, *maskhūf*) = images. Some of the parts of the above-mentioned conglomerate necklace or *mushāhara*, are in the form of crude images, such as are commonly found in the ruins of antiquity. The popular belief in Egypt was, and still is in some places, that the statues and images of the old Pharaonic times were really the vestiges of ancient infidels whom Allah in His anger had petrified. Tr.]

[2] [i.e., the stone of greatest efficacy in the necklace. Tr.]

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And as for the manner of releasing the "tied", it is as follows: One of the quacks, whom we have mentioned, measures the *Atr* [see f.n. above, p. 40] of the one who is "*tied*" by the ropes of illusion, and shackled with the chains of worthless beliefs, and says to him, "There is something written against you on a piece of bread which has been eaten by a fish in the sea, and it is not possible to release you from your trouble unless by obtaining this fish." Then he describes to him the appearance of this fish from his own imagination, and asks him for a fine sum for bringing it to him in a few days. When the time comes he brings a fish in his hand in whose mouth he has placed the piece of bread with the letters written thereon, and delivers it to the patient who, when he has opened its mouth and seen what it contains, thereby helping to confirm the statement of the "prescriber," he begins to be cured little by little because of his belief that he would be cured of his illness when he attained [p. 42] his prize, namely, the above-mentioned fish. But there is no doubt that the whole thing is a trick. As for the "prescriber" or "spiritual sage" he has already obtained his fee.

Sometimes it happens that the wife of an elderly person dies, after he has exceeded the bounds in procreation for some time, and he marries another wife, only to find that he has no longer the power of procreation, so he repairs to the swindlers who either take the opportunity to cheat him, or "prescribe" for him certain tonics such as ambergris, and other pungent substances such as black pepper (*fulful Sūdānī*), and a powder made from the penis of the crocodile [p. 43] and so on. But all these are of no avail unless to diminish his wealth, and his reason, and his health (if he had any). He is not aware that the time of his youth has passed.

[539] "How far away is the time of youth to one turning back;
Yes, and there is no fear of old age to one going forth."

For Time has assailed him with its burden, and it was most essential for him to spend the rest of his life at ease, protecting his health from the influence of diseases, caused by his previous incontinent behaviour. For there is no more injurious thing for the body, nor one more destructive of life, than sexual indul-

4: Walker E-4 (no date) 1934 MR13 Fellahin MR13
(ca. 1890)

gence. Ibn Kalada[1] has said: "He who desires to sell his life cheaply let him give a little of his time to fair women."

XVIII

THE 'UḲĀD AND THE KHŪṢA

THE *'Uḳād* is a thread of wool which is tied in seven knots, over each of which a special incantation is pronounced, and it is blown upon by people who are well-known for this "operation." The *Khūṣa* is made of the branches of palm-trees which the patient presents on the morning of some Friday at the instigation of the *Faḳīh*, who receives it and recites over it a number of incantations and protective circular charms (*Taḥāwīt*). Both of these are used in the curing of colds and fevers. This is why you see many children with them round their necks, because they are more liable to these two ailments. In the villages a mother is considered negligent of her child if she does not place round its neck an *'Uḳād* of this sort, which will keep him, as she asserts, from illness.

XIX

BARRENNESS ('UḲM)

ONE of the best "remedies" for barrenness is to walk over a person who has been killed. This is a famous old "remedy," even with inhabitants of large towns. It is long since we used to see, when our professors were lecturing on Anatomy in the Ḳaṣr al-'Ainī College [p. 45] many ladies coming to the dissecting room in order that they might pass over the dead, with this object in view.

Some women who are barren carry a silique of wool dipped in

[1] [This is Al-Ḥārith ibn Kalada, a contemporary of the Prophet Muḥammad, and at one time a celebrated physician at the court of the Persian King Anūshirwān. Tr.]

4:Walker E-4 (no date) 1934 MR13 Fellahin MR13
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Some women who are barren carry a string of [illegible]
powder of Egyptian natron, and this "prescription" is in fact, said to be advantageous, when the barrenness is due to the acidity of the fluids secreted by the woman's reproductive organs, for it counteracts its effect, without preventing the male fertile germs, as formerly was the case, from reaching the female generative germ.

XX

THE MUTA'AWWAḲA

This is the woman who gives birth, but whose children die. The best known "cure" is an "operation" which is performed every year, called "the Cutting of the Follower" (*ḳaṭ' al-tabī'a*), which is practised by certain special "Old Wives." The manner of it is that the "old wife" comes to the husband and his spouse and makes them stand in front of one another. Then she takes a fowl which is jet black, without the least blemish in it, kills it, extracts its entrails, and plucks its feathers, and cuts a thread which she has previously joined between the thumbs of the husband and his wife. Then she collects all these things for the safety of the woman, and buries them all under the threshold of her room. Thereupon she departs after receiving a weighty reward in compensation for the fowl. By such acts the women believe that the child will live, as if these had [p. 46] a secret influence on its life. It is customary to repeat this experiment at each birth if success follows it the first time. The payment also is increased two, or three, or four fold, and so on, with each successive year, the mother believing that if she does not do so, the "operation" will not succeed in future.

They explain all this by saying that the husband has a mate (*ḳarīna*),[1] one of the Jinn, who is seized with jealousy

[1] [This is a very widespread belief. In most cases, it appears, the "mate" is of the opposite sex. That is, a man is possessed by a *ḳarīna* (fem.); a woman, by a *ḳarīn* (masc.). But there are exceptions noted. Miss Blackman (p. 69 ff.) does not note the sexual difference. Dr. Zwemer, in his work, *The Influence of Animism on Islam*, devotes a complete chapter (VI) to the subject of the *Ḳarīna* or familiar spirit. See below the section entitled "The *Ḳarīna*" p. 46). Tr.]

and envy of the man's wife because she has children. So, to appease this jealousy and love, the *ḳarīna* kills them. To prevent the *ḳarīna* from doing this it is necessary to have this "operation," which certain of the "old wives" undertake as a means of obtaining money from the simple and silly ones, both men and women.

XXI

KILLING OF CHILDREN BY THE INDIGO SPELL

(*Mushāhara bi'l-Nīla*)[1]

THE women believe that if a woman wearing a dress dyed with *nīla*, i.e. with indigo, enters the presence of a childing mother, the latter will have no more children. They assert that the only "cure" for this is for the mother to visit an indigo dye-house and then she will be all right.

XXII

SPELL CAST BY THE EGG-PLANT

(*Mushāhara bi'l-Bāḍhingān*)

INABILITY to have more children sometimes results from a spell cast by the black egg-plant (*bāḍhingān*) (or *bidingān*) [or Mad-apple, *Solanum melongena*]. The woman who would be "cured" of that has only to visit a field of egg-plants. (Those engaged in the service of the Gardens in Cairo, as in other cities [p. 47] and towns, set aside a part of the enclosure for the growing of the black egg-plant, because they make a lot of money from the visitation of these women to them.)

[1] [Indigo (*nīla*) is regarded as ill-omened in Egypt. It is seen at funerals on the faces and hands of the mourning women. There is a well-known curse in the vernacular, *Gātlak an-nīla* (*al-ba'īd*) = May indigo come to you (present company excepted!) Tr.]

849 Barrenness, they believe, sometimes arises also from the
754 entering in unto the mother of a woman who has weaned her
862 child. The " cure " in this case, according to their statement,
[751] is for the barren woman to carry a rag of wool wet with the milk of a woman who has recently weaned her child.

XXIII

THE ḲARÎNA

164 The Bedouins name this the " Heat " (*Ḥarāra*). This name
753 is used generally for the class of diseases of the throat (the original symptom of which is difficulty in breathing) such as diphtheria (*ḵẖunnāḳ*) and convulsion and drying up of the uvula, and the like. The " prescriptions " of the " old wives "
757 are self-contradictory in regard to its " cure." Some of them think that the correct thing is cauterisation [p. 49] of the child upon its frontal and terminal crown (*yāfūḵẖ*). The child,
[165] however, finds relief from their folly, inasmuch as there is soon set up inflammation of the brain (meningitis), of which it dies.

[539] " And he who does not die of cautery will die of something else ;
The " prescriptions " are many but the death is one."

Others again hold to the belief in replacing the cauterisation by scarifying with a razor instead, on both sides (front and back). This is the method followed by the Bedouin. The Arabs of Mariūṭ and al-Ḥāgir instead of all these, bore two holes in the child's ears through which they pass a thread of
753 red silk. The " old wives " have different absurd theories
756 as to the cause of this disease in children. Some of them claim that every male child has a sister (*uḵẖt*) among the Jinn,

4:Walker E-4 (no date) 1934 MR13 Fellahin MR13
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XXIV

THE CHANGELING (MABDŪL)

Some people say that a child is sometimes a changeling, that is, that the Jinn have substituted it for another, and for this they have two "remedies." In the Buḥaira Province, and its neighbourhood, they put the child, about sunset, inside an oven which has no fire underneath, and close the door tightly, and leave it there until the morning. When they abandon it they say, "God is between us and you; give *us our* son and take *your own*."

But in Gīza and Benī Suēf, and the surrounding districts, in place of the oven they choose an abandoned tomb, in which no dead person has been buried during a year at least.

These are the two savage methods followed. Often the child dies for want of breath inside the oven, or the tomb; or else some dangerous accident may lead to its destruction.

XXV

[p. 51] "THE FATHER OF FEATHERS" (ABŪ RĪSH)

"Oh, Father of Feathers, please God, you will live."
(Yā Abū rīsh in shāllāh ta'īsh).

If a woman have one child only, and whenever she has another boy or girl it dies, she immediately invokes the aid of an "old wife," one of the sorceresses, who bids her dress the child, who she fears will die, in a great peaked cap,[1] decorated with feathers from a goose or common hen or turkey, and to gird it with a black shawl, and thereafter set it on a black she-ass, with its back to the front. Then the boys and girls of the village, or city,[2] gather round him, and call out with one voice, "*Oh, Father of feathers, please God, you will live!*" They go round the village in this way three times, or even four to make quite sure.

[1] [*Tarṭūr*, like a dunce's cap.]
[2] [I have seen such a procession in Cairo near the Citadel. Tr.]

5:Blackman E-5 (1923) 1926 MR13 Fellahin MR13

with which she completely covered herself. Presently she clapped her hands two or three times, thus summoning "the brothers and sisters beneath the earth," *i.e.* the *'afârît*. They spoke to her, and after various messages from them had been conveyed to us through the magician, my friend's wife asked her to enquire what had become of her husband's *karîn*. "Oh," replied the *'afârît*, "he is dead also, and your *karîneh* is a widow." The magician was something of a ventriloquist, and her voice changed completely when the *'afârît* spoke through her.

As I have stated above, the *afrâh*, besides being like their human prototypes in colouring and physical features, also resemble them in character. The Egyptians are of a very *jealous* disposition, and this quality is strongly marked among the women with regard to the possession of children. Childlessness is a real terror to them, and the more children they have, the happier they are. Such, at any rate, is the case among the *fellâhîn*. They are often very jealous of the offspring of another, and therefore precautions are taken to protect the children from the ill-effects of the "evil-eye," or "eye of envy."

A woman's *karîneh* may also be jealous of the human children, in spite of the fact that if a child is born to a woman the *karîn* or *karîneh* of that child represents the offspring of the mother's *karîneh*. Various measures are taken to safeguard the human child from the possible machinations of its mother's "double." Indeed, the mother herself, during her pregnancy, must also be protected, for her *karîneh*, in a fit of jealousy, may come at night while she sleeps and strike her "on the belly," thus causing premature birth. This is curious, as, presumably, the mother's *karîneh* would also lose her child. But, at any rate in some parts of Egypt, the belief is that when a child dies it goes to the mother's *karîneh*, who would in this way possess at least one child, even if her own child (*i.e.* the human child's "double") died at the same time as its human prototype.

Sometimes the *karîneh* speaks roughly to the expectant mother, but refrains from striking her. In such a case the woman will go at daybreak to see a magician or a *sheikh* and will ask him to write a protection (*higâb*) for her. The protection (or written charm) is the agreement of the *karînehs* with King David: for it happened one day that David saw one of them unfasten her hair, and fire was issuing from her mouth. So he asked her, "What is your work?" She answered him, "If a woman is pregnant, I come by night and strike her on her belly, so that she will give birth to a dead child. And if I do not do this, but allow her to bear the child safely, I may sometimes come and strike the baby, or cause a snake to bite or a scorpion to sting it, so that it will die." Then David said to her, "If this is your work I will kill you," and he spoke threateningly to her. So she made an agreement with him and said, "If a mother carries your words on her person I will never do her harm." So David consented to this suggestion and let her go on her way. Therefore, if a pregnant woman thinks she has cause to fear that her *karîneh* will do her an injury, she will apply for a *higâb* and wear it till her child is born, when she will give it to the infant,

9:Blackman E-5 (1923) 1926 MR13 Fellahin MR13

woman friend, will sometimes carry the child early in the morning to a *zirîbah* made of *bûs* (dried *dura* stalks) in which the sheep are kept in the field at night. She also takes a knife with her, and, entering the *zirîbah*, will hand the child over to the shepherd. The shepherd, having placed the child on its back on the ground, will take the knife which the woman brought with her and will place the blunt edge against the child's throat and pretend to cut it. The child will then start crying, upon which the man will remove the knife and return the child to the woman who brought it. It is believed that good angels watch over the sheep, as they are looked upon as gentle animals, and that these angels, on hearing the child cry, will drive away its mother's *karînah* who has caused the illness by clutching at the child's throat. According to my informant, this belief is common all over Egypt.

I could quote many instances of illness caused to children by their mother's *karînah* during this dangerous period of seven years.

That a woman's *karînah* may sometimes perform a kindly action is shown in the following belief. One of the many devices resorted to by a woman whose child has died and who has failed to produce further offspring is as follows. The would-be mother will lie down between the lines on a railway track, remaining in this position while the train passes over her. One of the reasons given for this practice is that when a mother is thus frightened her *karînah* will come to her with the soul of her dead child and cause it to re-enter the mother. This implies a belief in reincarnation, and I have obtained further information which points to a definite belief in rebirth. For an ancient example of belief in reincarnation reference may be made to the well-known Tale of the Two Brothers.[1]

The following is a translation of the written charm worn by an expectant mother who has reason to fear harm being done to her offspring by her *karînah*. The charm is obviously Coptic, but it is used by Muslim mothers as well as those professing Christianity: "In the name of the Father, the Son, and the Holy Ghost, for He is a great Lord who created the seen and the unseen things; He whom we cannot see with our eyes, and with whom no evil will dwell; who also knoweth well all things that will happen in the future; to whom all the angels cry, saying 'Hallowed be Thy Name'; from whom all evils fly away; who is praised by all things in the Heaven and all the earth, for He is a mighty Lord. Oh, mighty God, I ask Thee to protect N.N., who is carrying my protection, and protect what is in her womb, and him whom she will nurse with her milk, from the evil *karînah*, for the sake of Thy mighty ring (*i.e.* the charm square)."

The probable meaning of the square is, so I was told, "Go on Gabriel, go on Michael, go on Raphael, go on Suriyal, go on Maniyal, for the sake of our Mighty God, and burn this *karînah* in the fire." These are said to be the words of King David. (Pl. XIV, Fig. 3.)

[1] Petrie, *Egyptian Tales*, ii, pp. 10 ff.

[See category 116, plate facing P. 168 -- Analyst]

9: Klunzinger D-5 (1863-1875) 1878
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even among the patterns of Godfearingness in all times and all countries. Though a man has several wives, that is not a proof of his unbridled sensuality. A man often takes an additional wife because his first one has not presented him with the heirs he longs for—sons in particular—as was the case with the Prophet himself; or matrimonial relationships have become impossible through illness, old age or incompatibility. And it always testifies to some tenderness of feeling when the husband will not put away his first wife or the mother of his children. This step, easy as the law makes it, is resorted to only in exceptional cases, especially if the children are still alive. The great ease with which divorce may be effected is a much weaker side of Mohammedanism, and there are of course a considerable number of dissolute fellows who take advantage of this and do not fill their houses with expensive, scolding, legitimate wives (the number of whom cannot exceed four), but indulge their passions by a change of wares, be they free or slaves. Some men get as far as a fifth wife without ever having had more than one at a time. This does not lower a man in the estimation of the people, if he does not do anything not permitted by religion, though it will be easily understood that such a person is often unsuccessful in his wooings. Any one may keep as many female slaves as he pleases; if one of them has presented him with children, however, the excellent custom that prevails demands that he shall not sell her, still less her children, who according to the law are in all respects legitimate. The father must always maintain the children that any divorced wife has had to him. The question of expense, therefore, forms a beneficial check upon licentiousness, and from this and other reasons it is very common among the higher classes, and among the middle and lower classes almost the rule, for a man to live his whole life long with only a single wife. Unfortunately no statistics are to be had relating to these matters, since the state does not concern itself about matrimonial affairs; these are attended to by the ecclesiastical judge or kadi.

In divorce cases this functionary, after some weak attempts

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595 [831] is never felt by the Oriental; he condemns it, and knows only the natural sensual love, and the noblest and most practical, the love of a husband, often very true and deep. Among the ancient Egyptians monogamy alone seems to have been practised; on the other hand marriages between brothers and sisters were allowed.

593 To the modern Egyptians, the monogamous Copts, as well as the polygamous Mohammedans, kind-hearted and full of feeling as they are, lively family affections are not to be denied. The members of a family usually cling tenderly to each other; to them a foreign country is equivalent to misery, and a lengthy separation a misfortune. Veneration is deeply, to us as it often seems almost tyrannically, impressed upon children. In the presence of a father it would be disrespectful to smoke, to sit, and to speak more than is necessary. If [594] there are guests the son does not eat with them but serves, [264] it is only by the special desire of a guest that he joins the party. The younger brother has to behave in a similar manner towards his elder. Where circumstances permit, and 596 especially therefore in the country, all the members of the 988 family up to old age inhabit a common dwelling, living in patriarchal style. The old father or mother, no longer able to work, lives with the vigorous son, and free from care awaits the end; and additional children, instead of being ● [842] looked on as a burden, are welcomed by parents as a blessing from Heaven, which thus bestows on them so many additional 165 supporters. Living the simple and temperate life they do, great ages are common; according to the statements of the people 90 to 100 years are no rarity, but these reports are not to be depended on, since scarcely anybody knows the day or even the year of his birth. Early marriages being the rule, [582] generations follow each other so rapidly that it is not rare for the great-great-grandfather to see his great-great-grandson.

593 The idyllic patriarchal life of union is on the whole the rule, but there are also many exceptions. Here as elsewhere there are cruel mothers, shrews, ungrateful children, brothers at deadly enmity, scolding mothers-in-law, husbands that beat their wives, wives that beat their husbands.